

# North Yorkshire Shamanism

3 year

## Shamanic Practitioner's Course

taught in Scarborough, North Yorkshire

North Yorkshire Shamanism is run by Jane Shutt and her partner  
Christine Mark.

Jane Shutt is the author of 'The Sprits are always with me',

Both Jane and Christine are members of the Core Shamanic  
Practitioners' Circle

[www.shamanicpractitioners.org.uk](http://www.shamanicpractitioners.org.uk)

If you have any further questions, or wish to talk to one of us about  
any aspect of shamanism, please contact us.

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## Part 1

### Deepening the Connection

This course is designed to follow on from the Introductory Course, although it would be of value at a later stage as well.

It is designed for those who want to use shamanism purely for personal growth, for those who are seeking a spiritual practice and also for those who wish to continue training to become a shamanic practitioner.

For those who do not wish to study shamanic healing in depth this can be taken as a stand-alone course.

The course consists of **four** workshops over one year, with work to do at home between meetings.

Each meeting will take place over a weekend - Friday evening to Sunday afternoon - will be non-residential.

Each meeting will be held in Scarborough.

The course will cover (at least)

- How to formulate good Journey intentions
- How to interpret and understand your Journeys more fully.
- Bringing shamanism into our 'everyday' lives and our lives into shamanism
- Understand how energies move around the Wheel of the Year
- Celebrating the festivals
- The Four Directions
- The Four Elements
- Being safe in the middle world
- An introduction to ceremony
- An introduction to healing
- Using a rattle and other shamanic tools

Numbers are limited on this course, so please sign up quickly to make certain of your place

*Cost: £500 (non-refundable deposit: £100, balance in two further payments each of £200 by March 1st and May 14th.)*

## Part 2

# Healing the Fractured Soul

This course is ideal for those who are making shamanism a serious part of their lives and who want to continue their studies to become practitioners, seeing clients for healing.

The course includes self-development work, since we believe that it is not possible to be a good shamanic practitioner if one has learnt only the bare techniques.

The course consists of **eight** workshops over two years, with work to do at home between meetings.

Each meeting will take place over a weekend - Thursday or Friday evening to Sunday afternoon - and will be non-residential.

Each meeting will be held in Scarborough.

The sessions will cover:

- Soul retrieval
- Power retrieval
- Extraction
- Learning how to work with the spirits of illness.
- Working with plant spirits
- Working with the spirits of crystals
- How to help the dead and dying
- Elemental balancing
- Increasing our understanding of the 3 Worlds
- Developing our relationship with our Teachers and power animals
- Self-development

Participants will be expected to practice the techniques taught and will be asked to produce case study notes.

On successful completion of the entire course, participants will receive a Certificate.